

Subject: Healthy Eating Measure Consultation

Thank you for the opportunity to comment on the Healthy Eating in Schools Measure. I am responding on behalf of Diabetes UK.

Diabetes UK supports this proposed measure as an important contribution towards promoting healthy eating and thereby reducing the risk of an increase in type 2 diabetes among children.

I would like to comment on section 7.1 of the draft measure, which is the proposal to make regulations regarding maximum amounts of fat, salt, sugar and artificial additives. I believe it would be beneficial if any such regulations differentiated between saturated, unsaturated and monounsaturated fat, and also between naturally occurring sugars in unprocessed food – such as fruit – and sugars that are added to processed food.

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